

Relationships - Heaven or Hell?

It's your choice, with The Work Of Byron Katie
An Ariadne Gaia Event in Central Budapest

Friday May 31st 10.00 - 5.00
One-day Training and Practice
in The Work. Of special interest to
co-coers, practitioners, and
anyone interested in expanding
their awareness and life-skills.

Sat 1st and Sunday 2nd June
Two-Day Relationships Intensive
using The Work and some Constellations.
Experience this amazingly simple process
for yourself, and transform your
relationships.

May 31: 15.000HUF / 50€

June 1 & 2: 30.000 HUF / 100€

All 3 days special: 37.000 HUF / 125€

Register: <http://bit.ly/YrHlsr>

*Do you resent your mother/father/sibling?
Does your partner make unreasonable demands?
Does your colleague compete for approval?
Your friend put you down? Is your relationship
stressed, unhappy, heading for disaster, or just plain
irritable? Would you like to be able to talk **honestly**? Know
how to help clarify and resolve others' conflicts?*

Register: <http://bit.ly/YrHlsr>

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www.thework.com/

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Event will qualify for 6 or 12 hours
towards ITW Cert Program.



**Come together and
discover the reality behind the stress in your
relationship. Or come by yourself and do The Work,
and watch your relationships become more authentic
and clear. Whatever the outcome, you are likely to
feel more love in the course of this Workshop and in
your Life in general. The exercises will give you a
thorough grounding in The Work, and the most
simple, powerful tool you can have for creating a
joyful life, in your self, with others, in the world.**



Tamara is a Certified
Facilitator, Mentor and Trainer
of The Work of Byron Katie.
Over thirty-five years her
training has included Analysis,
Mindfulness, Yoga, Dreams,
Relationship and Groupwork,
Co-Counselling, Bodywork,
Transpersonal Psychotherapy,
Voice Dialogue, Art Therapy,
Process Work of Arny Mindell;
over the last decade she has
focussed more on giving The
Work in individual, group, &
retreat settings in the UK,
France, Greece, and the Middle
East, as well as many
Teleclasses online. She
is an experienced, heartfelt,
skilled facilitator, and is
truly delighted to be
bringing The Work to Hungary.

