



HEALING DIALOGUES & MUSIC

HEALING HISTORY

October 21-25, 2015, BUDAPEST,

We are dedicated to contribute to a growing movement to heal the traumas, wounds and hurts deeply rooted in our collective psyche and upsurge at times of stress, conflict and major difficulties. Due to global crises of environmental, social and spiritual we need to have a mindful presence in all our individual and collective actions. Thus we host healing dialogues and invite people from elsewhere in the world who also dedicate their skills and competencies to similar causes.

HEALING OUR PAST AND HOSTING A NEW FUTURE



FACILITATORS

HEALING DIALOGUES

21-22 October, Budapest

Ágota E. Ruzsa
Judit Szentirmai
Eszter Kéthelyi
Nora Ganescu

All of us are experienced AoH-
World café facilitators
dedicated to social healing.

REGISTRATION

FOR HD & HH, BUDAPEST

REFISTRATION

ONLY FOR HH, BUDAPEST

HEALING HISTORY

23-25 October, Budapest



Dr. Gary Reiss (US) holds an LCSW, PhD., and is a certified trainer in Process-oriented

Psychology.



Dr. Bogna Szymkiewicz (Poland) holds a PhD in psychology. She is a certified Process Oriented Psychology teacher and co-

founder of the Polish School of Process Oriented Psychology and Psychotherapy, Warsaw, Poland..

HEALING DIALOGUES HEALING MUSIC

Years ago, at the 70th anniversary of holocaust in Hungary, there is a revisiting of our deep past and many views and concepts, pains and hurts, wounds and traumas have come up to the surface. All related to the absurdities of the past 100 years. This year "the flood of refugees to Europe, also right across our country has enlarged the tension. We need dialogue to

heal, to learn, to understand.

REASON

Nations, like individuals and relationships, need help processing their history, particularly traumatic experiences. Living now doesn't mean history or trauma is gone, but instead tends to replay themselves and influence the present. Its We might seek for solutions, but we are frozen in silence that stops us from interacting.

Throughout Europe we see the rise of anti-semitism, anti-immigrant, and anti-muslim feelings. The fear of difference is

We give tools for dealing with strong emotions still present in the background that can't yet come out, and this repression helps to create a cycle of silence and depression.



increasing and a sense of "us" and "them" is escalating.



CITY DIALOGUES

are based on the assumption that energy is

blocked and withheld not only in individuals but places and spaces as well.

Bohmean and world café dialogues hosted in and around the city and we welcome local people and stories and musicians in our healing processes. It also may well empower the field of our work in the more intense psychology seminar of HH, or offers opportunity for those to

HH & HD

We want to create space for **all voices, positions and feelings** to be present. We will focus on training skills in methods of HD and POP to work with conflicts and trauma, hot spots and unresolved tensions and conflicts.

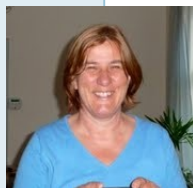


BUDAPEST



We, in Hungary started social healing by integrating dialogue and emotional work so that we move into deeper dimensions in our wounded selves which are highly challenged by the times we are living in. We need to weave a new societal tapestry of relationships by hosting healing spaces for us all.

World Café at
Kossuth Club-New
Paradigm
dialogues



**Agota
E. Ruzsa**

„Healing the past and birthing a new future is our task at present.”



**Judit
Szentirmai**

„ I just do what needs to be done. And this is our task now, so let us do it together.”



Eszter Kéthelyi

„We are prisoners of the past living in the Here&Now. How can we give birth to a shared and positive future that is thriving without fear and pain ?”

**Nora
Ganescu**



„I was born in Transylvania (Romania), the multi-cultural epicenter in Europe. All my life I've been bringing together different people and helping them understand, respect and learn from each other. ..

HEALING DIALOGUES & MUSIC HEALING HISTORY

HEALING DIALOGUES—CITY DIALOGUES

2015, BUDAPEST, OCTOBER 20–22nd

also dedicated to The World Café, founders and community

„...I want to work. It's hard for human nature to make a real confession of all that we've done. The Danube, which is our past, our present and our future, has pulled us in, tenderly, as its swift waters run. From the blood of our fathers shed in former wars flows peace, a common memory and mutual regard, a promise of order, a tolerant way to live. This is our task. It will be hard.”

Attila József, from At The Danube

DIALOGUE HOSTS



REGISTRATION LINK FOR BOTH EVENTS

VENUE & ACCOMMODATION is downtown Budapest in and around the 8th district in

ACCOMMODATION

Nearby in different [hostels, hotels](#) and [airbnb apartments](#)

HH Event VENUE

Address for HH seminar:
Budapest VIII., Salétrom str 4.

PreSeeding Healing Dialogues and Music in the city.
October 21st-22nd

TUITION FEE

According to your choices in participation, so please look at [the registration forms](#).

We also welcome donations that support others in need to participate and be with us. If you can not pay the tuition according to your social-economic status, please contact organizers.

[Healing History, Bpest](#)

HOME PAGES

[HEALING DIALOGUES](#)
[HEALING MUSIC](#)

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[FACEBOOK](#)

[HH event](#) , [HD event](#)

[INFORMATION](#)

ARIADNEGAIA@GMAIL.COM

[CONTACT](#)

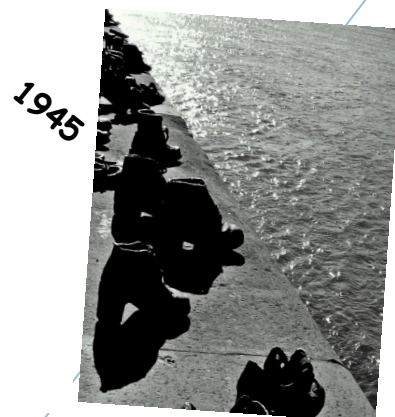
Judit Szentirmai
Agota E. Ruzsa

TRANSPORT

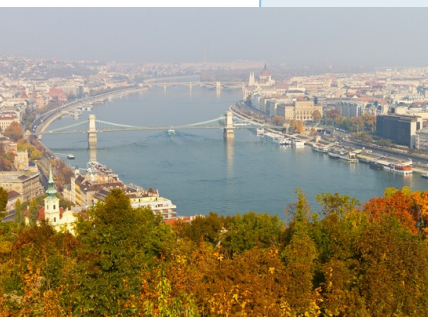
By plane to airport Liszt Ferenc, Budapest. Many budget, low cost flights fly to Budapest from all around Europe. From the airport it is easy to come to the city: taxi or a shuttle or bus and metro (fare from 15-4€).

By train: Depending where you come from there are 3 main railway stations.

By car for parking you may need to find a place either in hotel or in a [parking garage](#).



Our dialogic walk will be accompanied by music performed by Roni Porat and some Hungarian musicians, singers.



PATRONS

Prof. Dr. Emőke Bagdy
Dr. Eva Orsós Hegyesiné
Magdolna Rohánszky

Dedicated also to the 20th anniversary of [the World café](#).



21th-22nd
OCTOBER

[Healing Dialogues&Music](#)

with the process of World café will run all through the 8th district, enhanced by music.

We also dedicate this program to the 20th anniversary of The World café.



HEALING DIALOGUES & MUSIC

OUR PARTNERS

[SoL Hungary](#),
[Firebird for Quality Life](#)
[Roma Educational & Cultural Center, Bp](#)

[Kathy H.Lajos](#)

violinist, composer



[Szakcsi Lakatos Béla](#)

pianist

[Roni Porat](#)

composer, conductor
"I believe it is the art of listening that reveals the key to the true nature of music, as well as to the understanding and tolerance of one's fellowman."



ARIADNE GAIA is a foundation, established in 1989 to enhance the personal, national and global transformation that was about to happen by bridging gaps between the West and East, the feminine and the masculine, people and people, Mother Earth and Humanity. The past 25 years have also deepened the gaps between and among members of society, people and nature, humans and the divine.

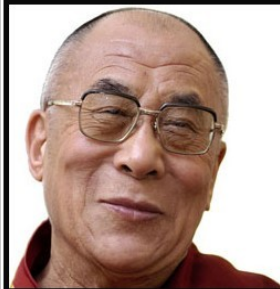
OUR WEBSITE

WWW.ARIADNEGAIA.COM

WWW.WISDOMWEAVERS.COM

While there is a strong emergence of human goodwill, we do need to learn to enhance it by healing the personal, the national and the global. Wounds of the past so that wisdom rooted in our wholeness may emerge and be woven into thriving peace on Earth.

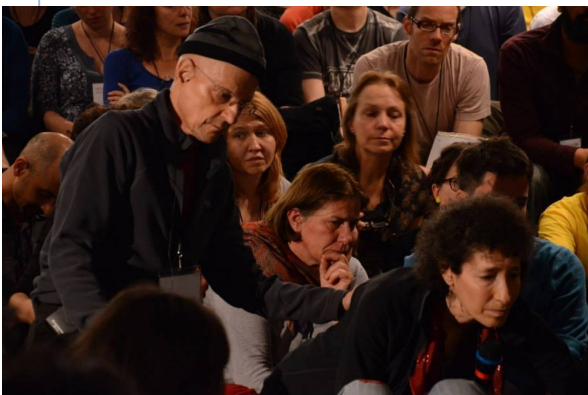
WISDOMWEAVERS is our partnership project with all who share the vision and offer spaces and processes that may serve the societal transformation into wholeness.



It is my belief that whereas the twentieth century has been a century of war and untold suffering, the twenty-first century should be one of peace and dialogue. As the continued advances in information technology make our world a truly global village, I believe there will come a time when war and armed conflict will be considered an outdated and obsolete method of settling differences among nations and communities.

(Dalai Lama)

izquotes.com



Process Oriented Psychology based WorldWork

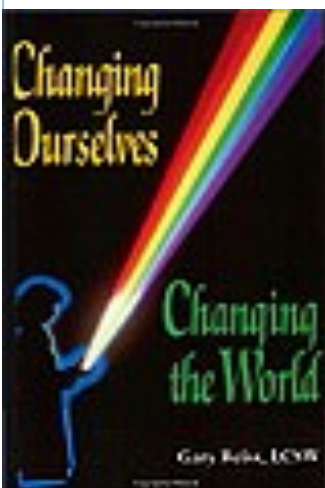
„World Work is processwork applied to small and large groups, communities

and organizations, international events and earth based problems.“ A.Mindell

“Healing History 2014 in Bonn was an incredibly deep experience for me. Gary supported me in working with my trans-generational and collective trauma related to the Holocaust experiences of my Jewish ancestors. I felt witnessed and held. Clean and clear, trusting each other, without shame. We moved to that space “beyond the stories” where new possibilities can emerge and manifest.” (a participant of Healing History 2014)

Healing dialogues have brought us together in a way that generated a space of transformation and social healing. (HD evening, Bpest, 2014)

Dialogue is a means to learn to suspend our judgements, dive deep into the collective and create space for the flow of meaning. D.Bohm



And here is a book by **Gary Reiss**