

## Anngwyn St. Just INDIVIDUAL, SOCIAL & GLOBAL TRAUMA Systemic Perspective

While we often speak of trauma in the individual nervous system, or even in the family system, less attention is paid to what might be called the greater forces which shape individual lives, families and other larger systems. This integrative 3 day experience will explore an ongoing, resonant and co-creative relationship between somatically oriented trauma methods and systemic constellation work which offers new windows of opportunity for a deeper understanding of our collective human condition, along with expanded options for healing broken connections and resolving hidden entanglements that may lead to traumatic repetitions throughout time and space.

Anngwyn St. Just is a systemically oriented social traumatologist who holds advanced degrees from The Western Institute for Social Research and the University of California in Berkeley. She is also a cultural historian, psychotherapist and somatic educator who specializes in developing multimodal cross cultural methods based upon easily transmitted concepts for trauma education and recovery.

Currently the director of The Arizona Center for Social Trauma and ACST International, she has served as advisor to the Drug and Alcohol Studies Program at the University of California at Berkeley. Anngwyn St. Just has travelled widely in North and South America, Europe and Russia teaching innovative ways of healing individual and social trauma.

"Anngwyn St. Just is one of the truly original and innovative thinkers in the field of traumatology and human relationships." (Peter Levine, PhD)

Venue: Budapest, downtown Date: 28-29th October 2016 TIME: 9.00 - 18.00

INFORMATION & REGISTRATION: www.wisdomweavers.com EMAIL CONTACT: ariadnegaia@gmail.com



<u>Chiara Hayganush Megighian</u>, Armenian Italian, living in the US had been a systemic constellation facilitator, key in introducing Hellinger's work in Armenia, works as a coach in Boston area.

Agota E.Ruzsa, Hu, a dialogue-AoH facilitator, who learnt constellation work from Peter Orban, and has been dedicated to work for the unfoldment of a mindful society in the Danube region, specifically in the Carpathians.



The workshop is preceded by a dialoguic conference and a film on constellating the Hungarian nation: Ön-Tér-Kép